

Current Class Schedule

Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<u>5:00pm-6:00pm</u> Youth Sparring	<u>5:30pm-6:30pm</u> Youth Class	<u>5:00pm-6:00pm</u> Youth Class	<u>5:00pm-6:00pm</u> Youth Class	<u>9am-10am</u> Tai-Chi/Qi-Gong	<u>9am-10am</u> Tai-Chi/Chan Wu
<u>6:00pm-7:15pm</u> Adult Any Level	<u>6:30pm-7:30pm</u> Adult Any Level	<u>6:00pm-7:15pm</u> Adult Any Level	<u>6:00pm-7:15pm</u> Adult Sparring	<u>2:30pm-3:30pm</u> Youth Class	<u>10:15am-11:30am</u> Youth Class
<u>7:15pm-8:30pm</u> Adult High Belt Class		<u>7:15pm-8:30pm</u> Adult High Belt Class	<u>7:15pm-8:30pm</u> Adult High Belt Class	<u>3:30pm-5:30pm</u> Advanced Class (invitation only)	